

intra**ce**uticals
it's in the skin



BEAUTY BIBLE

Treatment on trial

**KATY PERRY'S
O2 FACIAL**

The California Gurl has this treatment - if we have it too, will we look like her?

What's new?

If a Hollywood celeb looks particularly glowy on the red carpet, chances are she's just had O2 Intraceuticals, where hydrating, brightening antioxidant serums are pushed extra-deep into the skin with pressurised oxygen. The result is skin like a baby's bum, and it's now available to us mere mortals.



What happens?

Facialist Julia Hart combines the cooling 15-minute oxygen spray with other celebrated anti-ageing techniques and powerful products (eg, SkinCeuticals, Medik8, Dermalogica) chosen specifically for your skin. *Cosmo's* Fashion Director Shelly Vella was given the 90-minute treatment, during which her skin was purified with steam and the Clarisonic cleansing brush, then treated to a peel, collagen-promoting LED Light Therapy and the hyper-hydrating oxygen. Some personalised nutritional advice topped things off. Shelly fears she may be addicted.

Does it work?

Yes. Julia knows her stuff and, like all the best facialists, has a bespoke approach, which means the treatment is specific to your skin. The oxygen bit really does plump your skin instantly and makes you look fresh as a daisy for a few days. If you want "breathtaking" (Shelly's description) skin for a special occasion, get this before you get dolled up.

Essential details

The Ultimate Skin Rejuvenation Treatment, £200, can be booked at London's Hale Clinic, 020 7631 0156, or visit www.juliahart.co.uk. For O2 Intraceuticals treatments nationwide, call 020 7969 2780.

**FRESH-
FACED O2
FANS**



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