



Beauty confidential

Former top women's magazine editor ELSA McALONAN, with her team of experts, tells you the truth about the latest beauty products

Beauty Confidential: Pack light, stay beautiful

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When you're packing, it's the toiletries that take up the room - but you don't have to carry huge bottles of products when you go away. There are some fantastic travel kits to choose from. Here's our pick of the best ...

Intraceuticals Rejuvenate Travel Pack, £69.95, intraceuticals.com

This Australian brand is great for skin with specific problems, such as dehydration, ageing or breakouts. The travel kit contains Rejuvenate Cleansing Gel, Hydration Gel and Moisture Binding Cream, along with a cleansing cloth, and is great for sun-exposed, parched skin.



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