

By Alene Dawson  
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### Glow like Angelina and Jen

Experts offer a few tricks to get the luminous look celebs love. It starts with a healthful lifestyle.

Glowing skin signals youth, radiates good health and is the signature accessory of celebrities who walk the red carpet, as exemplified so far this awards season at the Golden Globes and Screen Actors Guild by the likes of Jennifer Aniston, Zoe Saldana, Joan Allen, Emily Blunt and others. Like beauty as a whole, the process of achieving luminous skin starts from the inside out.

Celebrity makeup artist Pati Dubroff beautifies such A-listers as Angelina Jolie, Cameron Diaz, Anne Hathaway and Megan Fox, and her work has appeared on a bevy of magazine covers.



A Dubroff must for glow: Buff and hydrate the skin. And then, "My secret weapon, and that of many of the celebs you see on the red carpet, is [Intraceuticals](#) oxygen facials prior to makeup," Dubroff says. Afterward, she applies [Intraceuticals'](#) Rejuvenate serum. "And I love Liz Earle Superskin Concentrate, an oil, and Liz Earle Superskin Moisturizer," she says. She recommends not overmoisturizing or using too much glow-enhancing makeup in the T-zone if you're being photographed or have oily skin.