

Oxygen Facials at mySpa

Apparently oxygen isn't only for breathing anymore. "Intra**ceuticals** Infusion uses therapeutic-grade oxygen and Hyaluronic Acid, an ingredient naturally found in the skin, to deliver specialized active serums deep into the skin's structural layers." What does that mean? Well it means super soft, subtle skin without injections or chemicals. The treatment, sounds so clinical, is down right divine. Within minutes of lying down on the aesthetician's table you begin to feel all of your stress slip away in the lull of the light mists of oxygen being applied on your face. While the aesthetician delicately targets trouble areas and infuses them with serum reaching deep into your skin's layers. Later you emerge from the



womb like treatment room a whole new non-surgically enhanced you in under an hour with no down time, redness or puffiness to deal with. Intra**ceuticals** oxygen facial is a girl's "big event" best friend. You can have this facial and then go out on a first date without having to apply any camouflage makeup. Intra**ceuticals** Infusion can deliver noticeable results in one treatment but a full series of treatments along with their take home products are recommended for optimum long-term results.

If having an oxygen facial is divine, and it is, then mySpa at the InterContinental Hotel in Miami is divine and gone to heaven. The lobby is bright and a little edgy while the treatment rooms are dark and cozy. The look is modern Zen with cool music and all of the comforts of home. The fitness center offers monthly rates and affordable day passes for both hotel and non-hotel guests. A perfect respite from closed causeway madness. The next time you leave work and hear the MacArthur is shut down why not forgo the Venetian and stop in to mySpa's gym.

Forgot your gym bag? MySpa has got you covered with clothing and sneakers to use during your workout. MySpa merits a full on check out so what are you waiting for log on to www.myspamiami.com and book as a series of oxygen facials after some hassle free workouts. Oxygen does more than the body good.



Intra**ceuticals** has three types of treatments, Rejuvenate, Atoxylene and Opulence. Talk to the certified skincare professionals at mySpa to find out which series will work best for you.