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SUNDAY EXPRESS

POINTS OF VIEW

Celebrities reveal the aspects they love

EXTREME LIVING

The highs and lows of being bipolar

IN THE NIGHT GARDEN

Enchanted evenings with Alan Titchmarsh

WIN! WIN! WIN!

A sizzling Spanish holiday, and much more

Isla Fisher

On babies, Borat and being a Hollywood player

Treatment of the week

02 Intraceutical Oxygen Infusion Facial

At nearly 49, Madonna has the face of a woman much younger. Years of staying out of the sun have helped, but her other beauty secret is a facial that blasts her skin with oxygen and a magical serum. It's rare that the Material Girl endorses products but she's such a fan she has come out publicly, having regular treatments from LA-based Michelle Peck. Peck was at all the dates on her *Confessions on a Dance Floor* tour and also flew over to London to look after Madge for the *Live Earth* show.

While Michelle was in town, I was lucky enough to have the Madonna treatment carried out on me – and what a treatment it was. It works using something called hyperbaric oxygen technology. Basically, oxygen is applied to the face in slow delicate movements from a machine that looks like an amplifier. The oxygen works in tandem with a rejuvenating serum, which helps regenerate cells and plump up the skin.

It is full of powerful antioxidants and vitamins A, C and E which really gave my face a glow. Once Michelle had done one side of

my face, she showed me the results and it was incredible: my fine lines and wrinkles had gone, everything looked lifted and my skin felt really soft and smooth.

The treatment is ultra relaxing and because it is all natural you don't feel you are messing with what nature has given you – just making the most of what you've got. A philosophy Madonna would agree with, I'm sure.

Margaret Hussey

Available at *Beauty Works West in Notting Hill, London (020 7221 2248)* and selected salons from £70. See www.intraceuticals.com for details.